



## The St Marylebone CE Bridge School

*A Special Free School for pupils with Speech, Language and Communication Needs*

17 – 23 Third Avenue  
London W10 4RS

### POLICY FOR PHYSICAL ACTIVITY AND WELL BEING

|                |                           |            |           |
|----------------|---------------------------|------------|-----------|
| Committee:     | <b>BOARD OF GOVERNORS</b> | Statutory: | <b>No</b> |
| Staff Members: | <b>DOMINIC SUNDERLAND</b> |            |           |
| Reviewed:      | <b>APRIL 2016</b>         |            |           |
| Next review:   | <b>APRIL 2019</b>         |            |           |

#### **Overview**

The St Marylebone CE Bridge School is committed to promoting the health and well-being of its students and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at the St Marylebone CE Bridge School.

The policy was formulated through consultation with members of staff, governors, parents, students, and our school nurse and was implemented in March 2016.

It will be reviewed in April 2019, or earlier if there is a change in legislation or an incident which impacts on this area.

#### **Ethos and Environment**

The St Marylebone CE Bridge School strives to maximize opportunities for pupils, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

#### **Physical activity aims and objectives**

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well-being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day

3. To increase physical activity levels of pupils in line with national targets

### **Equal opportunities**

All physical activity opportunities offered at St Marylebone CE Bridge School are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equal Opportunities and Gifted and Talented policy.

### **Resource provision**

St Marylebone CE Bridge School has no indoor space suitable for curricular physical activity but make use of the facilities on offer at the Jubilee Sports Centre - a Westminster CC provision run by GLL. It houses a swimming Pool and a gym and sports hall.

For the teaching of games, there is a playground which is partly astro-turf and partly tarmac.

The Moberley Sports Centre, also run by GLL has been used for table tennis – this facility is currently closed for refurbishment – due to re-open September 2018.

Use is also made of Paddington Recreation Ground, which is a slightly longer walk away (20 minutes) for athletics and the school sports day.

Adjacent to the school is Queens Park which has a Wildlife Garden and outside fitness equipment available to the school.

An annual audit of all physical education equipment is conducted by Rory Vokes-Dudgeon in order to prioritise any necessary expenditure for the year.

Resources for games, and outdoor activities can be found stored in the brick shed in the grounds.

Planning resources and assessment records can be found on the teachers shared drive.

### **Staff deployment**

Primary Link Teacher / Schools Sports Co-ordinator: Rory Vokes-Dudgeon

School Travel Plan Co-ordinator: Richard Taylor

Richard Taylor (School Manager) liaises with Carla Lowe at Westminster City Council.

Staff who teach PE or run clubs are encouraged to attend courses offered by the Tri-borough and Sports providers.

Our partnership with the Tri-borough Sports co-ordinator has widened the school's relationships with external agencies.

Local coaches who support the school include Chelsea football club.

### **Curriculum provision**

#### *Organisation*

PE lessons are taught by: Rory Vokes-Dudgeon and Leslie Gadogbe.

Each student will receive the following **ACTIVE** PE time per week, as an entitlement:

Key Stage Three: Two periods of PE, rowing, swimming and enrichment opportunities.

Key Stage Four: Two periods of PE, rowing, enrichment opportunities and break time physical activities such as table tennis, football and basket ball.

In addition, during Enrichment times on Friday afternoon students can select to undertake additional physical activities e.g. football, horseriding, gardening etc.

#### *Planning:*

The scheme of work offers comprehensive lesson plans for all year groups.

#### *Cross curricular links*

Whilst retaining its unique contribution to a pupil's movement education, physical education has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

#### *Monitoring of Teaching and Learning*

Teaching staff and learning support staff are all subject to line management. The school SLT monitor progress across the school relating to teaching and learning.

#### *Assessment, recording and reporting of progress*

Resources are available to staff ie: Classroom Monitor for teaching staff to record student levels of achievement across the curriculum.

#### *Extra-Curricular Activity*

#### *Break times / lunch times*

At break and lunchtime and as part of the Enrichment Programme students participate in football, basketball and table tennis.

#### *Competitions*

Students take part in a range of intra-school and inter-school competitions organised through the School Sport Partnership.

#### *School trips*

The school offers a number of outdoor education experiences throughout the year including horse riding and table tennis.

### **ACTIVE TRAVEL**

Please refer to the School Travel Plan for details of how we promote travel to school.

### **COMMUNITY PARTNERS / LINKS**

We have also established links with a number of local clubs including. X athletics club and X football club. ??

Parents also regularly assist with the provision of after school clubs (after appropriate DBS vetting). ???

## **STAFF ACTIVITY**

Our staff aspire to be positive role models for our pupils. We aim to take part in physical activity whenever possible, for e.g.

Staff often play games with pupils at playtime and demonstrate physical activity during PE lessons.

There are a number of staff activities of a physical nature.

(January 2016)

## **HEALTH & SAFETY**

Please refer to the school's health and safety policy and risk assessment file.

Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on CRB / staffing checks.

## **MONITORING & EVALUATION**

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data collected as part of the PESSCL requirement.

Policy date:

Signed: