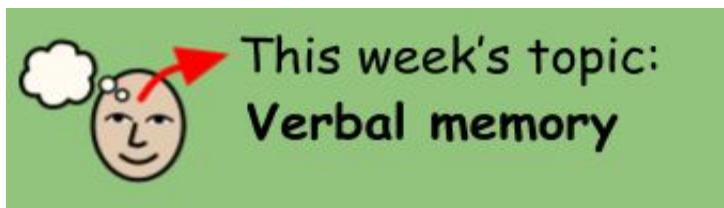


# Speech and Language Therapy at Home #4

These weekly newsletters will give you information and activities to help support your child's speech and language skills at home. There are 3 levels of activity - start with 'keep it simple'. If this is too easy, move up to the next level. You do not need a printer!



## Did you know...

Students with language disorder can find it more difficult to remember what has been said to them. Using visuals like pictures and writing can help the student to remember what was said.



Students can be taught strategies to support their verbal memory. It is useful to practice using memory strategies at home.



## Activities to do with your child:

**Keep it simple:** Memory game.

See sheet 1 on the back:



**Right on track:** Make posters with your child that say 'Can you repeat that please?' and 'Can you write it down for me please?'. Stick them on the fridge. Encourage your child to use these phrases when you give them an instruction. Tick the poster and praise every time they try these strategies.

**Work my brain:** Mind maps - Practice drawing mind maps for different topics. Revisit the mind map regularly - how many items can they remember?

See sheet 2 on the back:



## 1) Memory game

Start the game by saying 'I went to the shop and I bought...'

Each person takes a turn to remember all the items and add one on.

For example:

Person 1: 'I went to the shop and I bought an apple'

Person 2: 'I went to the shop and I bought an apple and a pizza'

Person 1: 'I went to the shop and I bought an apple, a pizza and some rice'.

Encourage your child to picture the items in their head to help them remember.

Here are some pictures to help:



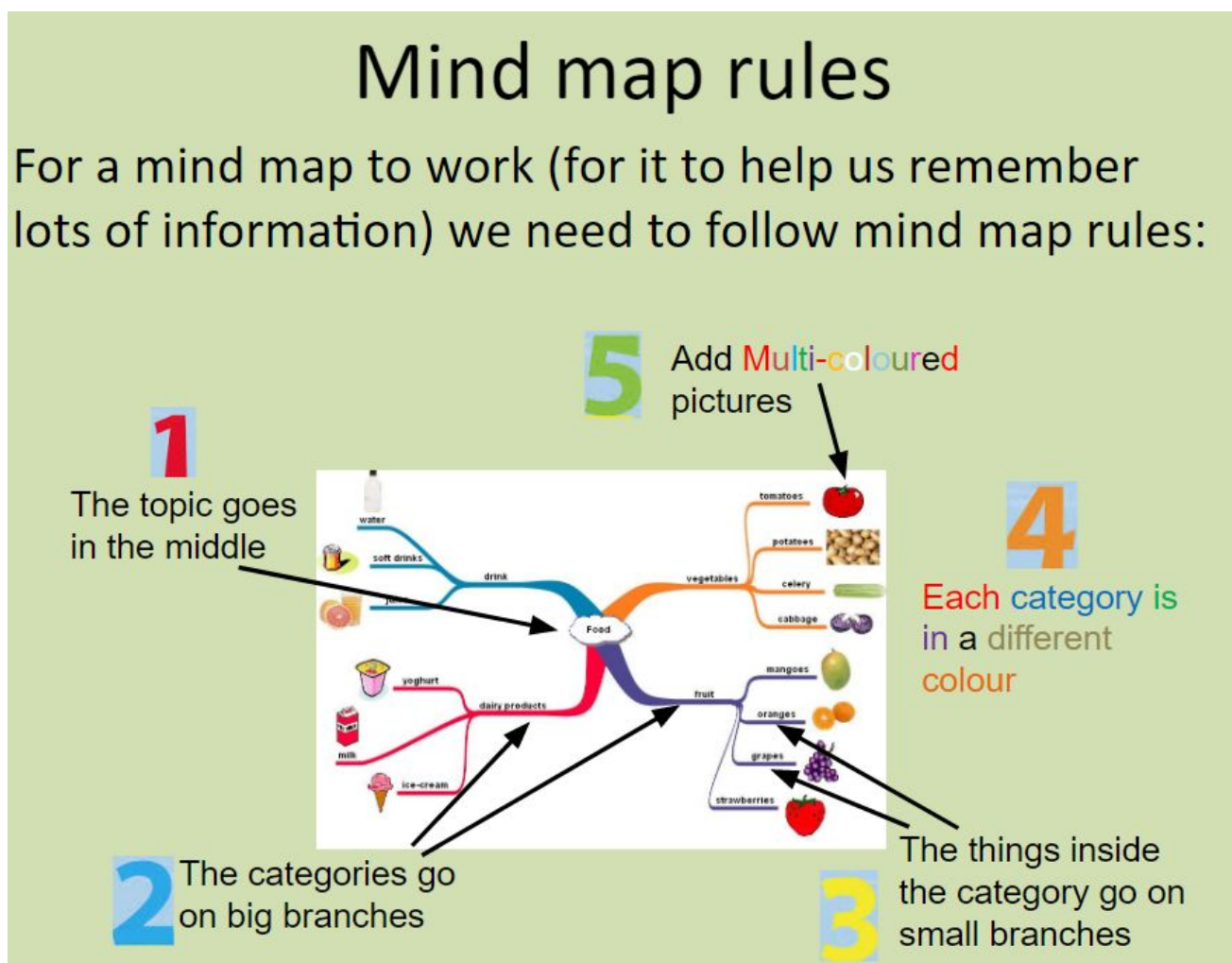
## 2) Mind maps

Research has shown that mind maps are a great way to help us remember information. This is because mind maps organise information visually. Students use mind maps at our school to remember and revise topics.

Pick a topic e.g. food, cities, football, safe food preparation (perhaps a topic your child has recently learnt at school). Follow the mind map rules to do a mind map together:

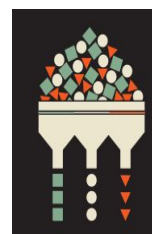
# Mind map rules

For a mind map to work (for it to help us remember lots of information) we need to follow mind map rules:



- 1** The topic goes in the middle
- 2** The categories go on big branches
- 3** The things inside the category go on small branches
- 4** Each category is in a different colour
- 5** Add Multi-coloured pictures

**Category** = A group of things that all have something in common



Example mind maps:

