

SMBS TERM 4 MENTAL HEALTH NEWSLETTER

Neurodiversity

Celebrating different brains

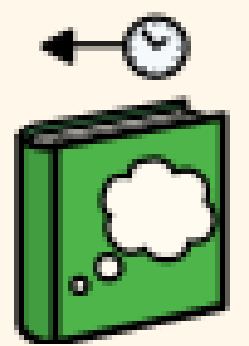


What is Neurodiversity?



Neurodiversity encompasses ALL brains - those that are typical and those that are wired a bit differently. Neurodivergent people think, learn and experience the world a bit differently and might have differences such as Autism, ADHD, DLD, DCD (dyspraxia), dyslexia and many others.

Neurodiversity Myths



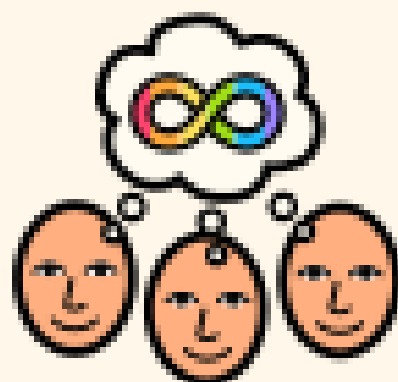
Myth 1: Neurodivergence is a mental illness.

Fact: Neurodivergence refers to natural brain differences, not a disease or mental illness.

Myth 2: You can cure or outgrow some neurodivergent conditions.

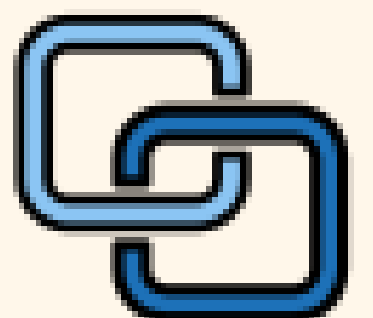
Fact: Neurodivergent conditions are lifelong neurodevelopmental differences. They aren't diseases or illnesses to be cured.

Neurodiversity at SMBS



At SMBS we celebrate individual differences. This term the after school club focused on special interest. We also celebrated Neurodiversity week (17-23 March) by learning about different neurodiverse conditions.

For more information:



SCAN ME